# **Instructions**



# STRONGHOLD 360-DEGREE BALL HEAD

Part Number

#### TRI-BH











#### Installing the Ball Head

- 1. Locate the removeable bowl plate on top of the Tripod, and thread the ball head onto the 3/8-16 stud, As shown in Fig 1 & 2 above
- 2.After the ball head is tight on the bowl plate, using the set screw on the bottom of the bowl plate tighten against ball head. As shown above in Fig. 2
- 3. Do not overtighten

### Ball Head Locking Knob (As shown in Fig. 4)

This knob is to lock the main Ball from moving in any direction.

## Fluid Pan Locking Knob (As shown in Fig. 3)

This knob is to pan the entire ball head in 360 degree motion.

## Accessory Locking Knob (As shown in Fig. 4)

This knob is used to tighten accessories to the arca mount on top the ball head.

#### Ball Friction Control Knob (As shown in Fig. 3)

This knob is to control the friction of the main ball.

Note: Having this to tight can cause ball head to not move very well when the Ball head locking knob is in the free position.

### Accessory Mounting Plate(As shown in Fig. 5)

This is used if you want to mount binoculars, camera or other acc.







